

MASSAGE THERAPY IN CHEVY CHASE!!

Stephanie Benefield is a nationally certified and licensed massage therapist. She has extensive experience practicing in public and private clinics and hospitals, and has worked with many different populations, including adults, children, seniors, and veterans. Stephanie's practice focuses on reducing chronic pain and increasing mobility of her clients. She tailors each treatment to address her client's individual needs, utilizing a variety of massage and bodywork methods to promote her client's own healing process. Stephanie specializes in the following strategies:

**30-, 60-, or 90- MINUTE SESSIONS AVAILABLE ON
MONDAY MORNINGS starting the week of April 18th**

Massage Therapist: Stephanie Benefield

Arthritis and Rehabilitation Therapy Services

5454 Wisconsin Avenue
Suite 600
Chevy Chase, MD 20815

Reserve your spot by signing up on-site or calling (240) 482-3680

**COST: \$65 for a 30-minute session, \$110 for a 60-minute session,
\$150 for a 90-minute session,
\$295 for a block of five 30-minute sessions
\$500 for a block of five 60-minute sessions & \$700 for a block of five 90-min
sessions***

**to be paid in advance, non-refundable. Covid-19 Vaccination is required.*

Visit the Wellness Program at www.washingtonarthritis.com