

MASSAGE THERAPY IN SHADY GROVE

Jayme McLaughlin is medically trained in Orthopedics and Massage Therapy and is proud to partner with Arthritis and Rheumatism Associates, where she brings a plethora of knowledge in pain management, athletic performance, and rehabilitation. Her massage specialty is body alignment through structural soft tissue manipulation, and she is skilled in a variety of practices!

Orthopedic Massage Craniosacral Massage
Prenatal Massage Sports Massage Post Surgical Massage
Lymphatic Drainage Rehabilitation Massage

*"I take pride in making you feel amazing by cultivating appointments that work to get you results!
Book a session with me now and you will not be disappointed! Let's partner in your healing journey!"
- Massage Therapist: **Jayme McLaughlin***

**30-, 60-, or 90- MINUTE SESSIONS AVAILABLE ON
THURSDAY AFTERNOONS**

Arthritis and Rehabilitation Therapy Services

14995 Shady Grove Road
Suite 320
Rockville, MD 20850

Reserve your spot by signing up on-site or calling (301) 929-4125

**COST: \$65 for a 30-minute session, \$110 for a 60-minute session,
\$150 for a 90-minute session,
\$295 for a block of five 30-minute sessions
\$500 for a block of five 60-minute sessions & \$700 for a block of five 90-min
sessions***

*to be paid in advance, non-refundable.

Visit the Wellness Program at www.washingtonarthritis.com