

Dietary Services Self-Pay Waiver

I, the undersigned, acknowledge and agree to receive dietary services on a self-pay basis. I understand that:

1. **Voluntary Self-Pay Election:** I have chosen to pay out-of-pocket for dietary services provided by Arthritis and Rheumatism Associates, P.C.
2. **No Insurance Billing:** Arthritis and Rheumatism Associates, P.C. will not bill my private health insurance, Medicare, Medicaid, or any third-party payers for the services rendered.
3. **Financial Responsibility:** I accept full financial responsibility for all charges incurred for dietary services. Payment is due at the time of service unless otherwise arranged in writing.
4. **Non-Refundable:** I understand that payment for dietary services is non-refundable, even if I later choose to submit a claim to my insurance and it is denied.
5. **No Guarantee of Reimbursement:** I understand that I may submit my receipt to my insurance company for possible reimbursement, but there is no guarantee that I will be reimbursed.

Description of Services

I acknowledge that the services covered under this agreement may include:

- Medical Nutrition Therapy; Initial assessment
- Medical Nutrition Therapy; Follow up assessment
- Medical Nutrition Therapy; Group sessions
- Meal Planning Support
- Weight Management Counseling

Fees

I understand the following fee structure:

- Initial Consultation (up to 1 hour): \$175.00
- Follow-Up Session (up to 45 minutes): \$105.00
- Group sessions (if applicable): \$50.00

Print Patient or Representative Name

Patient or Representative Signature

Date

If signed by someone other than the patient, please specify relationship to the patient: _____